

# University of Pretoria Yearbook 2019

## Dynamics of nursing practice 151 (DNP 151)

**Qualification** Undergraduate

**Faculty** [Faculty of Health Sciences](#)

**Module credits** 13.00

**Programmes** [BNurs](#)

**Prerequisites** No prerequisites.

**Contact time** 2 practicals per week, 4 lectures per week

**Language of tuition** Module is presented in English

**Department** Nursing Science

**Period of presentation** Quarter 1

### Module content

Intra and interpersonal dimensions of the nurse.

Self-discovery, self-disclosure and self-awareness, professional socialisation and self-development. Self-evaluation and own journal assessment. Compilation of a personal portfolio. Interpersonal communication and contact: from the self to relationships. Therapeutic use of the self. The therapeutic milieu. Contemporary dilemmas of identity. The multiple self and multiple realities. Communication skills: a communication model for nursing. Management of conflict. Day planning and time management. Development of a personal philosophy. Problem-solving and critical thinking skills.

NB: Only for selected BCur students.

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